FUERTEVENTURA



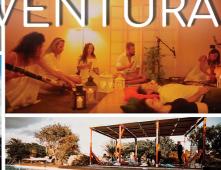
vibrational evolution











listen · feel · connect · express

13 March 2022

Giuseppe Torrente

What about

A day aimed at developing one's ability to relate to oneself and other people through individual and group activities.

A one day pause from the ordinary daily routine in order to appreciate the entity of one's self-perceptions. A break dedicated to opening up to the awareness of who you really are and what you wish to communicate to the world around you. If we can recognise our requirements, we will be able to communicate them in the proper and correct way and take care both of ourselves and our surroundings. Music and singing, as essential tools of communication, will guide us in this experiment of reconnection and search for balance.

For all who want..

To have new points of view To regenerate and find new ways to relax To have new stimuli To explore their sixth sense To embrace new opportunities To move towards their personal growth

what you need

Comfortable clothes, yoga mat, pillow, cover, enthusiasm, open mind, kindness. There's no need to know how to sing!

info and booking

www.giuseppetorrente.com info@giuseppetorrente.it

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improove your relationship with yourself and others!

cost

The cost for the entire day 50 euro (Light lunch buffet included)

where and when

morning 9:30 alle 13 afternoon dalle 14:00 alle 17:30 Place: Calle Laurisilva 3, 35660, Corrallejo, Las Palmas, Spagna

